

ARMIDALE BUSHWALKERS AUTUMN 2008 ACTIVITIES PROGRAM

Contact either Paul McCann 6772-6156 – Peter Roger 67720464 joc Coventry 67784161 or Colin Wood 67752026

DATE	LEADER	VENUE	DETAILS
Sunday 24 th February Grade: DWS3C	Paul McCann 6772 6156	Cunnawarra National Park	Medium day walk off track with steep descent and ascent. See the tallest stand of trees in NSW.
Sunday 2 nd March Grade: DWS3C	Peter Laffan	Gara Gorge	Medium day walk with some rock hopping and steep sections, mostly off track. Good views of the gorge.
Friday 7 th March to Wednesday 12 th March (6 days)	Jim Palmer	Bogong High Plains (Victoria)	Extended walk visiting Mt Feathertop, Bogong High Plains and Mt Bogong. Great views, some steep descents and ascents on tracks.
Sunday 9 th March	Joc Coventry	Oakey Dam	Canoe trip suitable for beginners with instruction available if required. Equipment available for hire. CONTACT LEADER AFTER FEBRUARY 25 TH .
Saturday 15 th March to Friday 28 th March (13 days with food drop)	Jim Palmer	Australian Alps Walking Track	Extended walk from Walhalla to Mansfield along the AAWT. Numerous steep sections, long days, suitable for very fit walkers only. Rough tracks.
Sunday 30 th March to Tuesday 1 st April	Paul McCann 6772 6156	Lake Tarli Karng (Victoria)	Three day walk to visit this natural lake formed by a landslide 5000 years ago. Mostly along foot tracks, some steep sections, long days.
Sunday 6 th April Grade: DWS1A	Betty Noad	Apsley Falls and Tia Falls	Short walks on easy tracks along gorge rims to view waterfalls. Falls should be spectacular after rain.
Saturday 12 th April to Sunday 13 th April	Kathy King	Werrikimbe National Park	Car camp in this varied NP east of Walcha. Day walks both days along tracks and through open country.
Saturday 12 th April to Tuesday 17 th April (2½ days walking & 2½ days canoeing)	David Lawrence 6775 3164	New England National Park	Overnight walk involving long descent to Bellinger River then canoe river to ocean. CONTACT LEADER BEFORE 28 TH MARCH.
Friday 25 th April to Sunday 27 th April	Bill Dempsey	Warialda area west of Inverell	Three day easy overnight walk along Warialda Creek from Crankey Rock to Fishponds. See old mining relics, sandstone gorges and rock formations. Organized in conjunction with the Inverell Bushwalking Club.
Sunday 11 th May Grade: DWM2B	Betty Noad	Dorrigo National Park	Medium day walk along part of the Syndicate Track. All on tracks, some muddy sections. Good views from lookouts, old logging relics.

Saturday 17 th May to Sunday 18 th May BPM3B	Paul McCann	Bald Rock and Girraween National Parks	Medium overnight walk starting with a climb to Bald Rock, then following border track to South Bald Rock. Return via west Bald Rock. Mostly on tracks, steep climbs on granite rock surfaces to see views.
Saturday 7 th June to Monday 9 th June	Peter Emerson	Mt Kaputar National Park	Medium overnight walk to the summit of Mt Grattai. Great views over the plains. Mostly off track with some steep sections. Warm clothes essential. Organized in conjunction with the Inverell Bushwalking Club.

NOTES:

We are trying a new system to grade our walks using the following factors which determine the overall difficulty:

Distance: Short – less than 10 kms per day

Medium – 10 to 15 kms per day

Long – 15 to 20 kms per day

Ascents: Mention is made where walks involve steep ascents and or steep descents. Most descents in the New England Gorges are around 500 to 700 metres. Remember if you go down you will have to come up at the end of the walk in most cases. Some walks may finish at a point where vehicles can reach the river thus avoiding the steep climb out. If there is no mention of this then assume the walk will involve a steep ascent at the end.

Terrain: Walk may be either on tracks or off tracks. Off track walks may include rock hopping, thick vegetation, rough uneven surfaces, slippery surfaces, river crossings. Walking off track is generally harder than the equivalent walk on tracks.

IF YOU ARE UNSURE ABOUT YOUR SUITABILITY AND FITNESS FOR ANY ACTIVITY ALWAYS ASK THE LEADER.