

ARMIDALE BUSHWALKING CLUB INC. ACTIVITIES PROGRAM

Winter 2018

DATE	CONTACT	VENUE	DETAILS
Sunday 27 th May	Bruce Turner 6722 3267	Goonoowigall Reserve near Inverell	A longer day walk of 14 kms in the Gooniwigal Reserve on the outskirts of Inverell. Interesting granite hills and rock formations.
Sunday 3 rd June	Bruce Turner 6722 3267	Mount Topper near Tinga	A short walk to the summit of Mount Topper for a view over the surrounding countryside.
Saturday 9 th to Monday 11 th June	Ken Barnett 0428851952	Mount Kaputar NP west of Barrabra	Overnight walk from the gate on the Barrabra Track to Scutts Hut then back to the start. Expect some thick scrub in places and it can get cold at night this time of the year so pack the winter woollies.
Sunday 16 th June	Kathy King 6772 0454	Wollomombi Gorge east of Armidale	Follow the old dog fence along the rim of Wollomombi Gorge to the top of St Helena Spur. See remnants of the first dog fence built with hand split palings and wire. Spectacular views into the Chandler River gorge.
Sunday 24 th June	Joc Coventry 0448727001	Single National Park west of Guyra	Day walk mostly off track through Single National Park which was previously New Valley State Forest. The return will be along Moreden Creek past the old diversion dam and water race.
Saturday 30 th June to Sunday 1 st July	Peter Laffan 0428821069	Chandler Gorge east of Armidale	An overnight walk descending the old track to the Chandler River and returning up another old track to Long Point. Expect some steep slopes and numerous river crossings which should not be too difficult if there is normal flow in the river.
Saturday 7 th to Sunday 8 th July	Bruce Turner 6722 3267 Paul McCann 0456368680	Bald Rock and Boonoo Boonoo National Parks near Tenterfield	Car camp with day walks both days. Saturday climb Bald Rock for a view over the surrounding countryside. On Sunday join the Inverell Bushwalking Club for some walks in Boonoo Boonoo National Park.
July school holidays	Ken Barnett 0428851952	Mount Kaputar NP near Narrabri	Multi day overnight walk along the crest of the Nandawar Range from Killarney Gap to Mount Kaputar. Expect thick scrub and rocky terrain.
Sunday 15 th July	Kate Carter 6771 2642 0427706982	Gara Gorge east of Armidale	An early start for a walk around Blue Hole followed by breakfast at the picnic area. If you have never been camping this might be the opportunity to see what other members do about breakfast on camping trips and one members novel approach to the problem
Saturday 21 st to Sunday 22 nd July	Joc Coventry 0448727001	Oxley Wild Rivers National Park	An overnight walk with two groups starting at Wallamurra near Enmore and at Long Point. Both groups will descend steep ridges to the Macleay River and camp at the junction with Blue Mountain Creek. After swapping keys each group will ascend to where the other group started thus completing a traverse across the gorge.
Sunday 29 th July	Julie Kennelly 6775 1664	Dangars Gorge near Armidale	Day walk on tracks down the steep sections to Salisbury Waters and back up along tracks to the car park. This is a good walk for those wishing to gain some fitness before the beginners overnight walk next month.
Saturday 4 th to Sunday 5 th August	VACANT Can you lead a walk on this weekend?	Anywhere is better than nowhere.	
Saturday 11 th to Sunday 12 th August	Leontine Barnett 0428851952	Cathedral Rock National Park east of Armidale	This overnight walk has been planned for those wishing to upgrade to overnight walks. The walk is fairly level on tracks starting at Barokee Rest Area and camping at Native Dog Creek Rest Area. A vehicle will be left at the campsite but the idea is to try carrying an overnight pack both days with the vehicle only for emergency use should someone not be able to carry their pack pack to the cars on Sunday. A second beginners overnight walk is planned for the next program involving a steep descent on tracks to the Guy Fawkes River.
Saturday 18 th to Sunday 19 th August	Peter Laffan 0428821069	Location to be advised.	Overnight walk. Details to be provided closer to the date.
Saturday 25 th to Sunday 26 th August	VACANT Can you lead a walk on this weekend?	Anywhere is better than nowhere.	

ADVANCE NOTICE October school holidays	Peter Rodger 6772 0464	Blue Mountains near Sydney	Day and overnight walks in the world famous Blue Mountains near Sydney. Further details will be provided closer to the trip. Interested members should contact Peter before the end of August.
ADVANCE NOTICE Monday 5 th to Friday 9 th November	Chris Smith 044893968 Paul McCann 0456368680	Green Gully track east of Walcha	Expressions of interest for a walk along the Green Gully Track. There are basic huts along the track for sleeping overnight. The walk is mostly on tracks except for the section along Green Gully Creek. There are several steep sections especially on day two descending to Green Gully Hut. The walk must be booked several months ahead so if interested contact either leader and a deposit will be required to secure a place on the walk.

NOTE ALL WALKS ARE SUBJECT TO LAST MINUTE CHANGES IF RIVER LEVELS, BUSH FIRES AND WEATHER CONDITIONS MAKE FOR UNSAFE WALKING. ALWAYS CONTACT THE LEADER PRIOR TO THE WALK AT LEAST A WEEK IN ADVANCE. IF YOU ARE UNSURE ABOUT A WALK DISCUSS IT WITH THE LEADER.

LEADERS SHOULD ENSURE THEY HAVE A PRINTED COPY OF THE WAIVER FORM FOR ALL PARTICIPANTS TO SIGN AT THE START OF THE WALK. A DIGITAL COPY HAS BEEN EMAILED TO ALL MEMBERS ALONG WITH SOME NOTES AS TO WHICH FORMS NEED TO BE COMPLETED ESPECIALLY IF CHILDREN (UNDER 18) ARE PARTICIPATING IN THE WALK. THE LEADER NEEDS TO SIGN AND DATE THE BOTTOM OF THE WAIVER FORM. COMPLETED WAIVER FORMS SHOULD BE RETURNED TO ARMIDALE OUTDOORS AFTER THE WALK OR GIVEN TO THE TREASURER OR SECRETARY IF THEY ARE ON THE WALK. IF YOU NEED A COPY OF THE WAIVER FORM ADVISE THE SECRETARY AND A COPY WILL BE EMAILED TO YOU.

ALSO ENSURE YOU HAVE AT LEAST ONE DISTRESS BEACON WITH THE GROUP AT ALL TIMES. THE CLUB HAS A DISTRESS BEACON FOR USE ON CLUB ACTIVITIES ALONG WITH A WATER FILTER AND SOME CLIMBING TAPE USEFULL ON WALKS TRAVERSING STEEP SLOPES. THESE ITEMS CAN BE COLLECTED FROM ARMIDALE OUTDOORS. ALTERNATIVELY ARRANGE FOR ANOTHER MEMBER WHO IS PARTICIPATING ON THE WALK TO COLLECT THE DISTRESS BEACON AND OTHER ITEMS FROM ARMIDALE OUTDOORS. PLEASE ENSURE THE ITEMS ARE RETURNED SO THEY CAN BE USED ON THE NEXT WALK.

A FEW TIPS FROM BUSHWALKERS WILDERNESS RESCUE SERVICE ON WAKING SAFELY:

Give written route details to a responsible person.

Tell them when you return.

Take adequate clothing, spare food, water proof matches, map and compass.

Don't travel faster than the slowest person in your group.

Don't leave an injured person alone.

If you're lost, **stop!** Stay where you are.

If you're overdue, phone home ASAP.