

ARMIDALE BUSHWALKING CLUB INC. ACTIVITIES PROGRAM

Summer and Autumn 2018

DATE	CONTACT	VENUE	DETAILS
Sunday 4 th February	Joc Coventry 0448727001	Cunnawarra National Park east of Armidale	A day walk off track descending from Beech Lookout into the tallest stand of trees in NSW. Follow Georges Creek upstream and exit via another ridge to Beech Lookout. Some steep sections and thick vegetation in places.
Sunday 11 th February	Leontine Barnett 0428851952	Gara Gorge east of Armidale	An early start for a walk around Blue Hole followed by breakfast at the picnic area. If you have never been camping this might be the opportunity to see what other members do about breakfast on camping trips and one members novel approach to the problem
Saturday 17 th February	Kathy King 6772 0454	Round Mountain near Ebor	A day walk in the Round Mountain area west of Cathedral Rock. Come along and see some of the other attractions of Cathedral Rock NP that are not on the walking track network.
Saturday 24 th to Sunday 25 th February	Paul McCann 0456368680 Pat Schultz 0428725852	Mount Hyland and Guy Fawkes River NP near Ebor	A joint car camp with the Armidale Branch of NPA. Climb Mount Hyland on the first day then enjoy the views from the lookouts overlooking the Guy Fawkes River.
Saturday 3 rd March	Peter Laffan 0428821069	Cooney Creek east of Blue Hole	A day walk down into the steep gorge of Cooney Creek. Expect steep slopes and rocky terrain along the creek.
Sunday 11 th March	Julie Kennelly 6775 1664	Point Lookout near Ebor	A day walk along tracks steep in places to Wrights Lookout along the Lyrebird Track. There might even be some lyrebirds practicing their mating rituals before the mating season begins. Grand views and lovely beech forests are features of this walk.
Saturday 17 th to Sunday 18 th March	Ken Barnett 0428851952	Five Day Creek near Point Lookout	Overnight walk down Five Day Creek from Robinson Knob trail to the Kempsey Road. Expect thick vegetation and some rocky terrain along the creek.
Saturday 24 th to Sunday 25 th March	Peter Laffan 0428821069	Styx River east of Armidale	This overnight walk will explore along the Styx River downstream from Dinner Flat. Expect some thick vegetation and rocky terrain along the river.
Friday 30 th March to Monday 2 nd April	VACANT	EASTER	
Sunday 8 th April	Joc Coventry 0448727001	Melrose area south east of Armidale	A day walk in the Melrose area where there was a town last century. Mostly off track following a creek.
Saturday 14 th to Sunday 15 th April	VACANT		
Saturday 21 st to Sunday 22 nd April	VACANT		
Wednesday 25 th April	VACANT	ANZAC DAY	
Saturday 28 th to Sunday 29 th April	Paul McCann 0456368680 Pat Schultz 0428725852	Five Corners property near Inverell	A joint trip with the Armidale Branch of the NPA with a day walk on the Five Corners property which gets its name from a species of plant which occurs in the area. Overnight in Inverell or at Copeton Waters for a day walk next day around Copeton Dam.
Saturday 5 th to Sunday 6 th May	VACANT		
Saturday 12 th to Sunday 13 th May	Peter Laffan 0428821069	Chandler Gorge east of Armidale	An overnight walk descending the old track to the Chandler River and returning up another old track to Long Point. Expect some steep slopes and numerous river crossings which should not be too difficult if there is normal flow in the river.
Sunday 20 th May	Julie Kennelly	Properties along Rockvale Road	Day walk between properties along Rockvale Road through remnant vegetation.

	6775 1664		
Saturday 26 th to Sunday 27 th May	VACANT		
Saturday 2 nd to Sunday 3 rd June	VACANT		
Saturday 9 th to Monday 11 th June	Ken Barnett 0428851952	Mount Kaputar NP west of Barrabra	Overnight walk from the gate on the Barrabra Track to Scutts Hut then back to the start via the summit area. Expect some thick scrub in places and it can get very cold at night this time of the year on the tops so pack the winter woollies.

NOTE ALL WALKS ARE SUBJECT TO LAST MINUTE CHANGES IF RIVER LEVELS, BUSH FIRES AND WEATHER CONDITIONS MAKE FOR UNSAFE WALKING. ALWAYS CONTACT THE LEADER PRIOR TO THE WALK AT LEAST A WEEK IN ADVANCE. IF YOU ARE UNSURE ABOUT A WALK DISCUSS IT WITH THE LEADER.

LEADERS SHOULD ENSURE THEY HAVE A PRINTED COPY OF THE WAIVER FORM FOR ALL PARTICIPANTS TO SIGN AT THE START OF THE WALK. A DIGITAL COPY WILL BE EMAILED TO ALL MEMBERS ALONG WITH SOME NOTES AS TO WHICH FORMS NEED TO BE COMPLETED ESPECIALLY IF CHILDREN (UNDER 18) ARE PARTICIPATING IN THE WALK. THE LEADER NEEDS TO SIGN AND DATE THE BOTTOM OF THE WAIVER FORM. COMPLETED WAIVER FORMS SHOULD BE RETURNED TO ARMIDALE OUTDOORS AFTER THE WALK OR GIVEN TO THE TREASURER IF THEY ARE ON THE WALK.

ALSO ENSURE YOU HAVE AT LEAST ONE DISTRESS BEACON WITH THE GROUP AT ALL TIMES. THE CLUB HAS A DISTRESS BEACON FOR USE ON CLUB ACTIVITIES ALONG WITH A WATER FILTER AND SOME CLIMBING TAPE USEFULL ON WALKS TRAVERSING STEEP SLOPES. THESE ITEMS CAN BE COLLECTED FROM ARMIDALE OUTDOORS. ALTERNATIVELY ARRANGE FOR ANOTHER MEMBER WHO IS PARTICIPATING ON THE WALK TO COLLECT THE DISTRESS BEACON AND OTHER ITEMS FROM ARMIDALE OUTDOORS.

A FEW TIPS FROM BWRS ON WAKING SAFELY:

Give written route details to a responsible person.

Tell them when you return.

Take adequate clothing, spare food, water proof matches, map and compass.

Don't travel faster than the slowest person in your group.

Don't leave an injured person alone.

If you're lost, **stop!** Stay where you are.

If you're overdue, phone home ASAP.