

## ARMIDALE BUSHWALKING CLUB INC ACTIVITIES PROGRAMME

### SUMMER 2011

DATE	LEADER	VENUE AND GRADING	DETAILS
30 January			
6 February	Joc Coventry 6772 7744 Business hours	Camperdown area	Daywalk off track to features of interest on the property.
12 February			Club promotion in K Mart Plaza
13 February	Joc Coventry 6772 7744	Blue Hole	Daywalk in the Gara Gorge area, suitable for beginners.
20 February	David Lawrence 6775 3164	New England NP	Daywalk along tracks around Point Lookout
26 to 28 February	Joc Coventry 6772 7744 Business hours	Macleay River canoing	Paddle the Macleay River from Halls Peak to West Kunderang
6 March	Kathy King 6772 5401	Cathedral Rock NP	Daywalk heading west from Round Mountain to some good views of the surrounding countryside.
11 to 13 March	David Lawrence 6775 3164	Styx River area	Overnight walk in the upper Styx River area
20 March	Paul McCann 6772 6156	Oxley Wild Rivers NP	Daywalk into the upper part of Rusdens Creek east of Walcha.
24 March		TAFE Outdoor Guiding Centre	Meeting and slide show at the TAFE Rusden Street opposite The Big Light Bulb
26 to 27 March	Peter Laffin 6771 3097	Oxley Wild Rivers NP	Overnight walk from Dangars Gorge to Long Point along the Macleay River.
3 April	Paul McCann 6772 6156	Butterleaf NP	Area east of Glen Innes worth exploring.
10 April			
17 April	Paul McCann 6772 6156	Blue Knobby area	Daywalk to a great view overlooking the Macleay River. Mostly on tracks and through open forest.
22 to 26 April (Easter)			

#### Walk Type

#### EXPRESSIONS OF INTEREST

Extended walk 4 to 5 days starting 27<sup>th</sup> April

Venue to be advised Peter Rodger 6772 0464

DW = one day walk

BP (3d2n) = Backpack, 3 days, 2 nights

CC (2d2n) = Car camp, 2 days, 2 nights

#### GRADINGS

### Approx. Daily Distance

S = Short, less than 10 km

M = Medium c. 10-15 km

L = Long c. 15-20 km

XL = Extra long, over 20 km

### Fitness Level

A – Low fitness

B – Moderate fitness

C – Good fitness

D – Good fitness with agility

E – High fitness level

F – Strenuous – experienced walkers only!

### Terrain

*Graded track* walking – these walks are on formed and maintained tracks for walking or for vehicles

*Off-Track* walking – these walks are over territory where there are no formed or maintained tracks

1. Graded track, some incline
2. Graded track, hills, creek crossings
3. Rough track, steep sections, creek crossings
4. Off-track, moderate terrain
5. Off-track, thick terrain
6. Off-track, rock-climbing and exposure